

# Effective delegation



## Reflecting on your delegated responsibilities

We can learn important lessons about what is and isn't helpful in the process of delegation by thinking about times when tasks were delegated to us. This activity will help you to reflect on your own experiences of receiving delegated responsibilities and help you think about ways you can change the way you delegate.

Think about times when you were delegated a task. What was helpful? What wasn't so helpful? What can you learn about the experience to change the way you delegate?

Delegation experiences	What was helpful?	What wasn't helpful?	What can I learn about the way I delegate?

